Join Debonné Vineyards, Ferrante Winery, Grand River Cellars Winery & Restaurant, Laurello Vineyards & St. Joseph Vineyards for Ohio’s 13th Annual Ice Wine Festival, a progressive tasting of the ice wine produced in the Grand River Valley!!

**When?** Saturday, March 12th from noon till 5 pm!! *(scheduled for 3 Saturdays in March)*
**Where?** Grand River Cellars Winery & Restaurant - 5750 S Madison Rd, OH 44057

Each winery will provide a sample of their ice wines along with a complimentary appetizer. Enjoy a featured event at each establishment including ice carving, jewelry shows, dog sledding and much more!! Patrons will visit the wineries in any order and sample their wines. Cost is $6 at each winery, which includes wine samples, an ice wine glass at each winery, appetizer and special events.

Ice wine is a fantastic after-dinner drink and higher in alcohol than regular wine! The grape picking process is very meticulous; each grape is hand-picked! Only a fraction of a grape’s juice is used in ice wine compared to the yields in regular wine! The residual sugar is higher and the mouthfeel is thicker. Come to the Annual Ice Wine Festival and enjoy the taste!!

REMINDERS
1. For any call-offs, you **MUST** page the ambulatory chief at **31529**. The chiefs are not always available on short notice by phone or email, but they **ALWAYS** have the pager.

2. For two senior ward teams: senior resident weekend days off are arranged amongst the two seniors such that each receives two weekend days during a 14 day half block.

CALENDAR LINKS

**Electives**

Please send your elective selection to Barb. You can always contact the chiefs for any suggestions. **All reading electives must be approved by Dr. Armitage.**

Barb – barbara.bonfiglio@uhhospitals.org

**UH HOUSEDOC moonlighting calendar**

Spots open up on a month-by-month basis. You will be notified by email from Kathy DeMarco when the monthly openings become available.

Please send your requests to uhousedocs@gmail.com

**MICU & CICU moonlighting calendar**

Spots open up on a month-by-month basis. You will be notified by email from the Quality Chief Resident when the monthly openings become available.

Please send your requests to mic.uh@gmail.com

CURRENT CHIEFS

**AMBULATORY CHIEF**

Prashanth Thakker  
Pager: 31529  
Office: VA ext. 5034  
Prashanth.Thakker@UHHospitals.org

**VA CHIEF**

Jack Hornick  
Pager: 31533  
Office: VA ext. 5046  
John.Hornick@UHHospitals.org

**QUALITY CHIEF**

Jacob Sadik  
Pager: 36644  
Office: UH ext. 45806  
Jacob.Sadik@UHHospitals.org

**UH CHIEF**

Carine BouAbboud Matta  
Pager: 31250  
Office: UH ext. 43621  
Carine.BouAbboud@UHHospitals.org

Resident of the Week Award

*This week’s Resident(s) of the Week Award is awarded to:*

**Carolyn Chan**

Carolyn did a phenomenal job as a senior for the Weisman team. Despite having many difficult patients, she consistently demonstrated strong skills in leadership, patience, medical knowledge, and teaching. She worked so hard ensuring that her patients received the best care, often staying later so that no stone was left unturned. Despite this dedication to patient care, she still found opportunities to teach the residents and medical students. One resident write, “I hope that next year I am half as strong of a senior as she has been during the past two weeks!!”. Strong work, Carolyn!

*Please remember to submit your nominations for Resident of the Week to casechiefs@gmail.com.*
CANDY ROUNDS RETURNS!!!

THIS WEEK’S TOP CONTENDERS!

- **ECKEL** – 60.5 points
- **VACR** – 60 points
- **NAFF** – 50.5 points
- **CARPENTER** – 50.25 points
- **VA ORANGE** – 50 points (time 2:53)

Great job everyone!!!
**ECKEL TEAM**, claim your Java Jive prize in the UH chiefs office!

QUESTIONS & ANSWERS

1) Fish-related poisoning often misdiagnosed as "seafood allergy"
   **Scombroid poisoning**
2) Timing of initial imaging follow up for 4 mm pulmonary nodule on CT scan in high-risk patient.
   **12 months (1 year)**
3) Two USPSTF recommendations to prevent falls in elderly.
   **Exercise and vitamin D**
4) In the evaluation of male hypogonadism, this is the next test you’d order if a total testosterone level is indeterminate (i.e. between 200-350 ng/mL).
   **Free (bioavailable) testosterone (accept half points for “repeat test”)**
5) Cause of lateral knee pain when climbing stairs, tenderness over lateral femoral condyle, and positive Noble test.
   **Iliotibial (IT) band syndrome**
6) Cause of thyrotoxicosis w/ elevated TSH, elevated T3, and elevated free T4.
   **TSH-secreting pituitary adenoma**
7) What was the first planet to be discovered using a telescope in 1781?
   **Uranus**
ANNOUNCEMENTS

Are you aware that all UH Residents and Fellows receive an additional 5,000$ grant (in addition to a 20,000$ scholarship offered to all admitted students) towards our MSM healthcare program? You can be a part of a residency or fellowship program and still have time to complete this MSM!! Additionally, you would receive a GMAT waiver due to your MD!

Join the Case Weatherhead School of Management on Tuesday, March 21st to learn more about the MSM-Healthcare program, application requirements and the student experience. This will be a casual happy hour with drinks and apps provided.

**DATE:** March 21st, 2017  
**TIME:** 6 PM  
**LOCATION:** Felice Urban Café – 12502 Larchmere Blvd, CLE OH 44120

Please email Admissions and Program Manager Becky Orenstein at rno4@case.edu to RSVP before 3/15/17!!

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Get ready for our quarterly **Chief Transition Happy Hour** happening next week!!!

**WHERE:** The Fairmount (+ Barrio afterwards!!!)  
**WHEN:** Wednesday, March 15th at 7PM?  
**WHY:** Because we said so!! 😊 Also...free drinks on us (until our tab runs out) so get there early!!

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As requested, **laminated white coat cards with “Contraindications to Fibrinolytic Therapy for DVT or Acute PE” have just arrived in the chiefs office** (see picture below)! We will pass them out at morning report and noon conference, but feel free to stop by anytime and pick one up if you’re not on wards!
A 22-year-old man is evaluated for a 1-day history of fever, rash, and abdominal pain. He has a 5-year history of recurrent episodes of these symptoms plus occasional joint pain in the knee or hip that resolves spontaneously after several days.

On physical examination, temperature is 38.6 °C (101.5 °F), blood pressure is 120/70 mm Hg, pulse rate is 70/min, and respiration rate is 14/min. A sharply demarcated, tender, raised, erythematous, warm rash is present over the dorsa of both feet and both anterior legs that extends approximately 10 cm in diameter. There is no inguinal lymphadenopathy or fluctuance, ulcer, or purulence. Abdominal examination discloses normal bowel sounds and minimal tenderness to palpation. Distal pulses are normal.

Laboratory studies indicate a leukocyte count of 13,000/µL (13 × 10⁹/L) with 80% neutrophils, 17% lymphocytes, and 3% monocytes and a platelet count of 400,000/µL (400 × 10⁹/L).

**Which of the following is the most likely diagnosis?**

A) Erythromelalgia  
B) Familial Mediterranean fever  
C) Staphylococcal cellulitis  
D) Sweet syndrome

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A 37-year-old woman presented with symptoms consistent with allergic conjunctivitis, but was found to have this incidental finding. What is the diagnosis?

A) Aniridia  
B) Prominent iris collarette  
C) Coloboma of the iris  
D) Granulomatous iritis  
E) Persistent pupillary membranes

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**MKSAP QUESTION OF THE WEEK**

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**Which of the following is the most likely diagnosis?**

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B) Familial Mediterranean fever  
C) Staphylococcal cellulitis  
D) Sweet syndrome
UH CONFERENCE SCHEDULE

MONDAY, 3/13/17:
Resident Morning Report 11:00 AM - 12:00 PM
Noon Conference: 12:00 - 1:00 PM

Dr. Elliott Borinsky
Senior Grand Rounds
Carpenter Room

TUESDAY, 3/14/17:
Intern Morning Report: 11:00 - 11:45 AM
Grand Rounds: 12:00 - 1:00 PM

Dr. Scott Wilhelm
“Updated Guidelines for the Management of Primary Hyperparathyroidism”
Kulas Auditorium

WEDNESDAY, 3/15/17:
Resident Morning Report: 11:00 AM - 12:00 PM
Noon Conference: 12:00 - 1:00 PM

Dr. Rajesh Chandra
General Medicine
Carpenter Room

THURSDAY, 3/16/17:
Intern Morning Report: 11:00 AM – 12:00 PM
Noon Conference: 12:00 - 1:00 PM

Dr. Teresa Carman
Vascular Medicine
Carpenter Room

FRIDAY, 3/17/17:
Resident Journal Club: 10:30 – 11:30 AM
Morbidity & Mortality: 12:00 – 1:00 PM

M&M Conference
Kulas Auditorium

VA CONFERENCE SCHEDULE

MONDAY, 3/13/17:
Noon Conference: 12:00 - 1:00 PM
Attending Rounds
K119

TUESDAY, 3/14/17:
Resident Morning Report: 10:00 - 11:00 AM
Grand Rounds: 12:00 - 1:00 PM

Dr. Scott Wilhelm
“Updated Guidelines for the Management of Primary Hyperparathyroidism”
K119 (live stream from UH)

WEDNESDAY, 3/15/17:
Resident Morning Report: 10:00 - 11:00 AM
Morbidity & Mortality Conference: 12:00 - 1:00 PM
M&M Conference
K119

THURSDAY, 3/16/17:
Intern Morning Report: 10:00 - 11:00 AM
Noon Conference: 12:00 - 1:00 PM

Attending Rounds
K119

FRIDAY, 3/17/17:
Noon Conference: 12:00 - 1:00 PM

Dr. Susan Budnick
Senior Grand Rounds
K119

CONTACT THE CHIEFS IF YOU HAVE ANY QUESTIONS OR CONCERNS!
**UH Weekend Coverage**

**Carpenter:** Christina Guzman is off on Saturday and will be covered by Megan Chan.

**Dworken:** Mohannad Abou Saleh is covering his own team this weekend.

**Eckel:** Saurav Uppal and Nicole Mongilardi to arrange coverage amongst themselves.

**Hellerstein:** Scott Yasinow and Toral Patel to arrange coverage amongst themselves.

**Naff:** Jennifer Kraninger is off Sunday and will be covered by Megan Chan.

**Ratnoff:** Marie-Noel Rahhal is off both days and will be covered by Elliot Borinsky.

**Wearn:** Peter Volpe is off both days and will be covered by Alyson Michener.

**Weisman:** Timica Campbell is off Sunday and will be covered by Paul Coletta.

**Friday, March 10th, 2017**

NACR: Namrata Patel  
NF Residents: Ben Alencherry and Sagarika Satyavada  
NF Interns: Husna Siddiqui and Daniel Kobe  
MICU Moonlighter: Amrita John  
CICU Moonlighter: Chang Kim

**Saturday, March 11th, 2017**

NACR: Nissreen Elfadawy  
NF Residents: Ben Alencherry and Sagarika Satyavada  
NF Interns: Saleh Alhasan and Daniel Kobe  
UH Saturday NF Coverage: Yuri Shindo  
MICU Moonlighter: Amanda Pensiero  
CICU Moonlighter: Chang Kim

**Sunday, March 12th, 2017**

NACR: Nissreen Elfadawy  
NF Resident: Ben Alencherry or Sagarika Satyavada  
NF Interns: Husna Siddiqui and Daniel Kobe  
Senior Weekend Jeopardy: Leanna-Marie Robertson, Vittal Hejjaji, Paul Coletta (Saturday)  
Intern Weekend Jeopardy: Ameen Al-Aghil, John Merriman

**VA Weekend Coverage**

**Saturday, March 11th, 2017**

Peju Olasokan on Blue is on medium call and covers her own team  
JP Lopes on White is on happy call and will be covered by Max Reback  
Chris Peluso on Green is on long call and covers his own team.  
Talib Dosani on Orange is off and will be covered by Ali Al-Omari  
VACR consults will be seen by Chris Peluso and attending Dr. Charlie LoPresti.

VA MICU 24 hour resident is Robin Zachariah  
VA Sat PM Resident is Ahmed Al Khathlan  
VA Sat PM Intern is Dan Van Aartsen

**Sunday, March 12th, 2017**

Peju Olasokan on Blue is off and will be covered by Max Reback  
JP Lopes on White is on long call and covers his own team.  
Chris Peluso on Green is on medium call and covers his own team.  
Talib Dosani on Orange is off and will be covered by Ali Al-Omari  
VACR consults will be seen by JP Lopes and attending Dr. Stephen Morris.
MKSAP ANSWER

B – Familial Mediterranean fever

This patient most likely has familial Mediterranean fever (FMF), which occurs in ethnic groups originating in the Mediterranean basin. Symptoms of this autosomal recessive disorder typically develop in patients before the age of 20 years and are characterized by acute, self-limited episodes of fever associated with abdominal, chest, or joint pain caused by serosal inflammation. Cutaneous manifestations of FMF mimic erysipelas and usually develop over a distal lower extremity (most often unilaterally but occasionally bilaterally). A neutrophilic leukocytosis is characteristic. Elevated levels of acute phase reactants, including the erythrocyte sedimentation rate and C-reactive protein level, are also common. The genetic association, as well as the episodic presentation of acute, self-limited episodes with concomitant skin abnormalities, distinguishes cutaneous manifestations caused by FMF from those caused by bacterial skin and soft tissue infections. The preferred treatment is colchicine.

Erythromelalgia typically manifests as paroxysmal bilateral erythema of the extremities with associated warmth and burning pain. This condition is often precipitated by warmer external temperatures and febrile episodes and is aggravated by the dependent position. The episodic presentation, inciting factors, and bilateral extremity distribution are helpful in distinguishing erythromelalgia from skin and soft tissue infections. Serosal inflammation is not a feature of this disease.

Staphylococcal cellulitis is less likely because of the bilateral symmetric distribution of this patient's skin findings and the absence of purulence and lymphadenopathy. His history of previous episodes that resolved without antibiotic treatment makes staphylococcal cellulitis unlikely.

Sweet syndrome, or acute febrile neutrophilic dermatitis, most commonly affects middle-aged women after an upper respiratory tract infection. Sweet syndrome may be idiopathic or may be associated with an underlying condition. Patients with Sweet syndrome present with the abrupt onset of fever, arthralgia, myalgia, and cutaneous lesions. Individual lesions are tender, nonpruritic, brightly erythematous, well-demarcated papules and plaques that appear on the neck, upper trunk, and typically, upper extremities. This patient's skin lesions are not consistent with those of Sweet syndrome. In addition, Sweet syndrome is not typically associated with abdominal pain, and it does not typically remit after several days.
MEET THE INTERNS

Name: Vijit Chouhan
Hometown: Saint Louis, MO
Medical school: University of Missouri-Kansas City
Current rotation: Dworken

What's your favorite character on Game of Thrones?
The Mountain because he looks like he can move a mountain

What would you do if you couldn’t be a physician?
Be a musician

What is your favorite drink?
Orange Gatorade

How do you like to spend your days off?
Sleep in, workout, catch up on Netflix, nap, and watch more Netflix

Is there any person in history who has inspired you? If so, why?
One person who has inspired me is my grandfather. He has always taught me to stay positive and never give up on things in life