Remember your early 20’s, when the world was your oyster and nothing could slow you down? So much optimism and hope, gaiety and crackling energy. Well that’s gone now, but if you’re longing for something similar, go reflect on America’s decadent decade in the Cleveland Museum of Art’s new “Jazz Age” exhibition. “The Jazz Age: American Style in the 1920s” just opened at the CMA and runs until mid-January. Gaze upon the massive crystal chandelier designed for the 1925 Paris exposition, sip your hot chocolate while listening to live jazz in the museum’s atrium, or find Halloween inspiration from the flapper dresses on display. The Phaeton Roadster is also real swell and the Rolls-Royce Piccadilly is just the bee’s knees. So make like Scott and Zelda and move your stilts to the CMA, ya’ hear?
**REMINDERS**

1. For any call-offs, you **MUST** page the ambulatory chief at **31529**. The chiefs are not always available on short notice by phone or email, but they **ALWAYS** have the pager.

2. For two senior ward teams: senior resident weekend days off are arranged amongst the two seniors such that each receives two weekend days during a 14 day half block.

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**CALENDAR LINKS**

**Electives**

Please send your elective selection to Barb. You can always contact the chiefs for any suggestions. **All reading electives must be approved by Dr. Armitage.**

Barb – barbara.bonfiglio@uhhospitals.org

**UH HOUSEDOC moonlighting calendar**

Spots open up on a month-by-month basis. You will be notified by email from Kathy DeMarco when the monthly openings become available.

Please send your requests to uhousedocs@gmail.com

**MICU & CICU moonlighting calendar**

Spots open up on a month-by-month basis. You will be notified by email from the Quality Chief Resident when the monthly openings become available.

Please send your requests to micu.uh@gmail.com

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**CURRENT CHIEFS**

**AMBULATORY CHIEF**

Will Garner
Pager: 31529
Office: VA ext. 5034
Will.Garner@UHHospitals.org

**VA CHIEF**

Charlie Burns
Pager: 31533
Office: VA ext. 5034
Charles.Burns@UHHospitals.org

**QUALITY CHIEF**

Saurav Uppal
Pager: 36644
Office: UH ext. 43621
Saurav.Uppal@UHHospitals.org

**UH CHIEF**

Megan Chan
Pager: 31250
Office: UH ext. 43621
Megan.Chan@UHHospitals.org

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**Reminders**

1. For any call-offs, you **MUST** page the ambulatory chief at **31529**. The chiefs are not always available on short notice by phone or email, but they **ALWAYS** have the pager.

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**Resident of the Week Award**

_This week’s Resident(s) of the Week Award is awarded to:_

**Stephen Brandt**

I was orphan senior covering Stephen on a long call. Unfortunately, a patient on Dworken had a code white for unresponsiveness and after a fall. Stephen called me and gave me a detailed but succinct summary of the patient’s case. Instead of asking me what to do, Stephen told me everything he had already initiated. I was quite impressed by his management and initiative. The patient ended up being "ok" and wrote a very nice note thanking Stephen for his kindness. **Strong work Stephen!**

*Please remember to submit your nominations for Resident of the Week to casechiefs@gmail.com.*
ANNOUNCEMENTS
PLEASE REVIEW THE HOLIDAY COVERAGE SCHEDULE AND REPLY BY SUNDAY NIGHT WITH ANY CONCERNS/CONFLICTS
PLEASE CHECK OUT THE INTERN BOOT CAMP LECTURES AT OUR WEBSITE
http://cwrmedicine.org/residency-program/residents/education/intern-boot-camp-lectures

UHCMC at ACG!
A 58-year-old man is evaluated for a 1-year history of slowly progressive bilateral leg swelling. He notes that the swelling is minimal in the morning and is most pronounced at the end of the day. He reports no calf pain but does note a sensation of heaviness in both legs that is worse at night. He has no dyspnea, orthopnea, paroxysmal nocturnal dyspnea, or abdominal distention. He uses alcohol socially and is a never-smoker. He works as a police officer. Medical history is otherwise unremarkable, and he takes no medications.

On physical examination, the patient is afebrile, blood pressure is 112/76 mm Hg, pulse rate is 76/min, and respiration rate is 16/min. BMI is 31. There is no elevation in central venous pressure. The lungs are clear. No murmurs or extra heart sounds are noted on cardiac examination. The abdominal examination is normal. There is no inguinal lymphadenopathy. Pitting edema of the lower extremities extends to approximately 3 inches above the ankles. Telangiectasias, reticular veins, and small varicose veins are noted at the ankles bilaterally.

Laboratory studies are significant for normal kidney function and liver chemistry tests; the serum albumin level is 4.0 g/dL (40 g/L). Urinalysis is normal.

Which of the following is the most appropriate next diagnostic study?
A) Abdominal/pelvic CT
B) Lower extremity venous duplex ultrasonography
C) Transthoracic echocardiogram
D) No additional testing

An 11-year-old boy was brought to the emergency department with epistaxis and severe nasal pain. What is the likely diagnosis?

A) Nasal polyps
B) Nasal septum fracture
C) Pills in the nasal cavity
D) Coins in the nasal cavity
E) Button magnets in the nasal cavity

http://www.foodgatherers.org/?module=Page&sID=candybuyback
**UH CONFERENCE SCHEDULE**

**MONDAY, 10/23/17:**
- Resident Morning Report 11:00 AM – 12:00 PM
- Noon Conference: 12:00 - 1:00 PM

  *Medical Music Therapy*
  *Seneca Block*
  *Carpenter Room*

**TUESDAY, 10/24/17:**
- Intern Morning Report: 11:00 - 11:45 AM
- Grand Rounds: 12:00 - 1:00 PM
- *Coding and Billing and Charge Capture Methods*
  *Janine M. Canton, CPC, CHC*
  *Kulas Auditorium*

**WEDNESDAY, 10/25/17:**
- Resident Morning Report: 11:00 AM - 12:00 PM
- Noon Conference: 12:00 - 1:00 PM

  *Cardiac MR*
  *Dr. Rahul Thomas*
  *Carpenter Room*

**THURSDAY, 10/26/17:**
- Intern Morning Report: 11:00 AM – 12:00 PM
- Noon Conference: 12:00 - 1:00 PM

  *Lunch with Applicants*
  *Tower 11*

**FRIDAY, 10/27/17:**
- Resident Journal Club: 11:00 AM – 12:00 PM
- Morbidity & Mortality Conference: 12:00 – 1:00 PM

  *Morbidity and Mortality*
  *Kulas Auditorium*

**VA CONFERENCE SCHEDULE**

**MONDAY, 10/23/17:**
- Noon Conference: 12:00 - 1:00 PM

  *Attending Rounds*
  *K-119*

**TUESDAY, 10/24/17:**
- Resident Morning Report: 10:00 - 11:00 AM
- Grand Rounds: 12:00 - 1:00 PM
- *Coding and Billing and Charge Capture Methods*
  *Janine M. Canton, CPC, CHC*
  *Kulas Auditorium*

**WEDNESDAY, 10/25/17:**
- Resident Morning Report: 10:00 - 11:00 AM
- *Morbidity & Mortality Conference*
  *Morbidity and Mortality*
  *K119*

**THURSDAY, 10/26/17:**
- Intern Morning Report: 10:00 - 11:00 AM
- Noon Conference: 12:00 - 1:00 PM

  *Attending Rounds*
  *K119*

**FRIDAY, 10/27/17:**
- Resident Morning Report: 10:00 – 11:00 AM
- Noon Conference: 12:00 - 1:00 PM

  *Ultrasound*
  *Dr. Charles Lopresti*
  *K-119*

**CONTACT THE CHIEFS IF YOU HAVE ANY QUESTIONS OR CONCERNS!**
**UH Weekend Coverage**

**Carpenter:** Jude Khatib is off Saturday and will be covered by Dan Kobe.

**Dworken:** Dan Karb is covering his own team. 
**Eckel:** Emily Nizialek and Matt Wright to arrange coverage amongst themselves.

**Hellerstein:** Vittal Hejjaji and Hussain Khalid to arrange coverage amongst themselves.

**Naff:** Dharani Guttikonda and Maria Luzuriaga to arrange coverage amongst themselves.

**Ratnoff:** Joe Wooley is off both days and will be covered by Vijit Chouhan.

**Wearn:** Keith Torrey and John Merriman to arrange coverage amongst themselves.

**Weisman:** Ali-Al-Omari is off Sunday and will be covered by Jamia Washington.

**Friday, October 20th, 2017**

NACR: Erica Giraldi  
NF Residents: Dan Van Aartsen and Ed Pham  
NF Interns: Daniel Emesiani, Andrew Hornick, Cameron Fausett  
MICU Moonlighter: Talib Dosani  
CICU Moonlighter: Yasser Al-Samman

**Saturday, October 21st, 2017**

NACR: Ben Alencherry  
NF Residents: Dan Van Aartsen or Ed Pham  
NF Interns: Daniel Emesiani, Andrew Hornick, Cameron Fausett  
UH Saturday NF Coverage: Lin Deng  
MICU Moonlighter: Catherine Myers  
CICU Moonlighter: Ameen Al-Aghil

**Sunday, October 22nd, 2017**

NACR: Erica Giraldi  
NF Residents: Dan Van Aartsen or Ed Pham  
NF Interns: Daniel Emesiani, Andrew Hornick, Cameron Fausett

Senior Weekend Jeopardy: Toral Patel, Aric Moran, Leben Tefera, Jamia Washington (Saturday only), Dan Kobe (Sunday only)  
Intern Weekend Jeopardy: Pratee Thatikunta, Sultan AlSalem  
Intern Weekend Backup Jep: Dionysios Watson, Kaitlin Palmer

**VA Weekend Coverage**

**Saturday, October 21st, 2017**

Lindsay Meurer on Blue is on medium call and covers her own team  
David Tofovic on White is off and will be covered by Ramone Eldemire  
Muhammad Husnain on Green is on long call and covers his own team.  
Kunal Patel on Orange is off and will be covered by Akshata Pandit  
VACR consults/service will be seen by Muhammad Husnain and attending Dr. Paul Shaniuk

VA MICU 24 hour resident is Nour Tashtish  
VA Sat PM Resident is Konstantin German  
VA Sat PM Intern is Marwan Abdulaal

**Sunday, October 22nd, 2017**

Lindsay Meurer on Blue is off and will be covered by Ramone Eldemire  
David Tofovic on White is on long call and covers his own team.  
Muhammad Husnain on Green is on medium call and covers his own team.  
Kunal Patel on Orange is off and will be covered by Akshata Pandit  
VACR consults/service will be seen by David Tofovic and attending Dr. Brook Watts
No additional testing is indicated in this patient. The patient's isolated bilateral lower extremity edema is most likely due to chronic venous insufficiency, as supported by the otherwise normal examination findings and lack of abnormal laboratory test results, and no further diagnostic studies are indicated. The edema associated with chronic venous insufficiency typically is insidious in onset. It worsens with prolonged standing and is improved with elevating the legs and with walking. Leg discomfort is also often gradual in onset and is described as a tired or heavy sensation in the legs. Other symptoms can include pruritus, skin discoloration, and ulceration. Compression stockings are considered first-line therapy for patients with lower extremity edema due to chronic venous disease. The patient should be instructed to put on these stockings in the morning before edema is present and to wear the stockings as much as possible when he is in a standing position. The stockings can be removed at night.

Obtaining an abdominal/pelvic CT scan in this patient would not be appropriate, as he lacks signs and symptoms that would suggest abdominal or pelvic pathology.

Lower extremity venous duplex ultrasonography is not necessary in this patient who lacks risk factors for deep venous thrombosis (prolonged immobility, known cancer history, or use of predisposing medications) and does not have a clinical picture consistent with bilateral deep venous thrombosis.

In the absence of symptoms and examination findings that suggest heart failure (such as orthopnea, dyspnea, paroxysmal nocturnal dyspnea, elevated central venous pressure, crackles in the lower lung fields, and S₃ and/or S₄ heart sounds), the diagnostic utility of a transthoracic echocardiogram is likely low and therefore not appropriate in this patient.
MEET THE INTERNS

Name: Zaahid Sheriff
Home Town: Muscat, Oman
Medical School: Weill Cornell Medicine- Qatar
Current Rotation: Dworkin

1. What is your favorite topic to teach medical students?
   I enjoy torturing my medical students with EKGs
2. What is your favorite hole-in-the-wall restaurant/bar that you've found in Cleveland?
   Fix Bistro in Cleveland Heights
3. What is the weirdest medical question any family member or friend has asked you?
   After medical school questions have ceased being weird. I really can’t think of anything off the top of my head
4. Favorite season of the year and why?
   Winter. I hadn’t seen snow until last November, and I have had my share of desert weather.
5. What’s a place you’ve always wanted to visit?
   Istanbul