Intern Orientation 2013

Welcome

- Dr. Richard Walsh
  - Chair, Department of Medicine, CWRU
  - Chief of Medicine, UH
- Dr. Robert Bonomo
  - Vice Chair for VA
  - Chief of Medicine, VA

Program Leaders/Administration

- Keith Armitage, MD
  - Program Director
- Carla Harwell, MD
  - Associate Program Director
- Simran Singh, MD
  - Associate Program Director
- Brandon Atkins, MD, PhD
  - Associate Program Director
- Lisa Arfons, MD
  - Associate Program Director
- Ronda Mourad, MD
  - Associate Program Director
- Deena Segal
  - Administrative Coordinator for Educational Programs
- Tyler Estell
  - VA Housestaff Office
- Barbara Bonfiglio
  - UH Housestaff Office
  - Notary
  - Histology
  - Copy machine queen
  - Amoeba psychiatrist
  - Provider of batteries

Most Importantly: Chief Residents

- Claire Sullivan
  - UH
- Sumit Bose
  - Ambulatory
- Kamal Shemisa
  - VA
- Crystal Lantz
  - Pt Safety
- Navin Vij
  - Med-Peds

Who are you?

- 34 Categorical IM
- 4 Med-Peds
- 10 IM Prelims
- 12 Neurology Prelims
- 12 Anesthesia Interns

Chiefs.....

- Q 3 month rotation (except MP)
- UH31250
- VA 31533
- Ambulatory 31529
- Med-Peds 36672
- Patient Safety and Quality 36644
The goals of internship

- Learn Patient Care
  - Supervised clinical experience
  - 38,000,000 admissions/year
  - You will do about 200
- Fund of Knowledge
- Career Goals
  - Subspecialty training
  - Primary care
  - Research
  - Other

ACGME Competencies

- Patient Care
- Medical Knowledge
- Practice Based Learning and Improvement
- Communication
- Professionalism
- Systems Based Practice

And then there are the Milestones....

The 'curriculum' of Internship

- The goal - gain clinical competence in the care of adult patients (ACGME Competencies)
  - "the patient is the curriculum"
  - General medicine and specialty wards, ICU and ambulatory rotations, clinical skills lab, neurology
  - Noon conference
  - Other conferences
  - Attending rounds, ward rounds
  - Morning report
  - Grand Rounds
  - Reading
  - ACP curriculum

Research and Elective Time

- No "assigned" elective
- Be available 8-5, M-F; let the Chief Resident know about other time away
- Dr. Walsh, Dr. Bonomo, Program Directors and Chief Residents can assist in picking elective and research mentors
- GI Elective/Jeopardy

Annual Events

- Intern Mini-retreat - October/November
  - Getting feedback on the program
  - Professional Development
  - Bronson Day
  - Holiday Party
- Spring Dinner – May 22, 2014
- Intern Retreat - June, 2014
- End of the Year Picnic - June 2014
- End of Internship - June 23, 2014
  - Last week of June = 5th week vacation
Evaluation and Feedback: Getting and giving

- "Self feedback"
- Electronic: www.myevaluation.com
- Attending feedback
- Rotation and program feedback
- On-going feedback about the way things are going
- Semi-annual review
- Doors of Program Directors are always open (honestly)

Faculty Mentors

- Meet with Dr. Walsh this fall
  - Be on time
- Meet December or January with one of the program directors
- Dr. Walsh, Dr. Bonomo, Chief Residents
- Meeting with subspecialty directors, fellows and peers
  - New Fellowship timeline...
  - Picking a faculty advisor

Duty Hours

- 80 hour work week
  - Averaged over rotation
- 16 hours
  - Work flow, efficiency
  - There will be a 'system learning curve'
- 8-10 hours out of the hospital between periods of duty
  - Should leave at 0, must be in by 1
- 1 in 7 - averaged over 28 days
  - Schedule complexity.....

Duty Hours

- Monitoring
  - Rotation evaluations
  - Web based surveys (program and acgme)
  - Signout rounds with Chief Residents and Program Directors
  - Each block - one week audit via www.myevaluation.com

Duty Hours

- Days off - be proactive
- Please let me know if you feel you are not in compliance
- Keith.Armitage@uhhs.com
- kba@case.edu

Misc. Stuff

Email
-all communication from the residency, hospital GME office, etc. will be to uhhs.com or Uhhs.hospitals.org
-mail uhhs.com; outlook;
-GOOD
-Patient related emails: UH or VA only!! HIPPAA
-Switch dates/block schedule

Clinic
Maternity/Paternity leave
Vacations
Misc. stuff, cont

Meal tickets/swipe card
Jeopardy schedule ("safety net" for urgencies)
call offs...
Step III- must be done by end of PGY2 year
**Dictations- must be done the day of discharge**

Misc.

- Computer resources
- Core Library
- Dress Code
- Intern Orientation Handbook

Western Reserve College Medical Department in Cleveland

- Jared Potter Kirland, First Professor of Theory and Practice of Physic
- Kirland was a distinguished natural scientist,
  founding member of ANAS,
  first elected member of National Academy of Science
  American Philosophical Society

- Western Reserve College in Hudson, Oho, chartered in 1826.
- Medical Department opened in Cleveland on November 1, 1843.
- Enrollments:
  1845-46: 85
  1846-47: 120
  1847-48: 100
  1848-49: 216
  1849-50: 240
- Fees:
  Matriculation: $300.
  Annual tuition courses: $70.00.
  Graduation: $200.00.

Lakeside Hospital

- 1837. Federal government appropriated $20,000 for a Marine Hospital on Lakeside Avenue.
- 1866. City Hospital on Wilson Street.
- 1889. Five acres purchased for new hospital for $66,844.
- 1898. Lakeside Hospital opened.
  - 1900. Cost $2.30/day.
  - Average daily census 212.
  - Medical staff from WR Faculty.

Flexner Report 1910

- 1904. AMA and Carnegie Foundation commissioned survey by Abraham Flexner.
  - Visited all 155 medical schools then operating in US & Canada
  - Only two medical schools considered as excellent in both clinical and laboratory faculties:
    Johns Hopkins and Western Reserve.
  - "Excellent laboratories, in which teaching and research are both vigorously prosecuted. ... Lakeside Hospital, an endowed institution of 215 available beds, is thoroughly modern in construction and equipment."

"The Medical Department of Western Reserve University is next to Johns Hopkins University which, for various reasons, occupies an exceptional position, the best in the country."
Letter from Flexner to WRA President Thwing following his visit.
University Hospitals
Move to University Circle

- 1925. MacDonald House.
- 1926. B&C.
- 1929. Institute of Pathology.
- 1931. Lakeside Hospital
- 1931. Hanna House
- 1923. Medical School moved to University Circle.

My advice........

- Ask questions............... Know Your Limitations; Ask for Help You NEVER have to be Alone
- Learn to say "I don't know" (don't make it up)
- Have fun
- Always take a patient centered approach
- Develop Effective Time Management and Teamwork Skills

More Take Home Points
*Yes, the Schedule may [will] change
*Focus on:
  - Attentive Patient Follow-up [night float admissions?]
  - Knowing Where Your Limits Are
  - Asking "Why?"
  - Support each other!
*As I said................Expect to Work Hard ... AND HAVE FUN!

Intern orientation...

"Mr. Osborne, may I be excused? My brain a full."